

## Suzie Smith's Little Ditties

### **MY BODY IS HEALTHY AND HAPPY**

To the tune of "My Body Lies Over the Ocean"

My Body is Healthy and Happy  
My Mind is so Clear and so Strong  
Together they work to support me  
They will work that way all my life long

Healthy, Happy  
Healthy and Happy for me, for me  
Healthy, Happy  
Healthy and Happy for me.

### **EVERY LITTLE CELL**

To the tune of "Mama's Little Baby loves Shortening Bread"

Every little cell in my body is Happy  
Every little cell in my body is Well  
Every little cell in my body is Happy  
Every little cell in my body is Well

I can tell every little cell  
In my body is Happy and Well  
I can tell every little cell  
In my body is Happy and Well

### **A SMILE**

To the tune of "Auld Lang Syne"

A smile is quite a funny thing  
It wrinkles up your face  
And when it's gone  
You'll never find  
It's secret hiding place.

And far more wonderful it is  
To see what smiles can do  
You smile at someone  
they smile at you  
And then one smile makes two